

Semiahmoo Pac Presents

Supporting our Youth in Distress



A School and Community Based Discussion

Are you a parent or young person struggling during this challenging time? Join us

May 4, 2021

6:30-8:30pm

ZOOM

<https://ca01web.zoom.us/j/61000145867?pwd=TzMzYVpvNFAzcWhBaGICYT ZyQUJJZz09>

SPEAKERS:

Sonia Stewart - Youth with lived experience

Hear stories first hand from youth who have struggled.

Emma Carlson - SPEAC
(Suicide Prevention Education & Counselling)

Receive helpful takeaways

Asli Kucukbumin - START
(Short term assessment response treatment)

Have your questions answered by a Professional

Dr. Jennifer Mervyn - Registered Psychologist