

What Kind Of Work Experience Can I Do?

A variety of work experience placements are available. Almost every career path can be explored through a co-op course. Following is a small sampling of the fields available for exploration:

- Teaching/Education
- Computer Animation
- Web Page Design
- Business
- Business Consulting
- Culinary
- Drafting/Engineering
- Forestry
- Hospitality/Tourism
- Health Services
- Journalism
- Clerical
- Mechanics
- Construction

Career Education Facilitators:

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**WORK EXPERIENCE
DON'T LEAVE SCHOOL
WITHOUT IT!**

Sullivan Heights Secondary



Grade 11

University Connections Co-op

BENEFITS

- 20 Credit Program
- Cohort of approximately 30 students
- Same Teachers and classmates for all courses
- 3-week work placement
- Receive on the job training
- Gain connections in the work force for after graduation
- Providing valuable experience for your resume
- Opportunity for extended field trips and planning school/community events
- Opportunity for career exploration
- Earn academic credits towards graduation
- Increase self-confidence and self-reliance
- Develop successful work attitudes
- Learn Resume & Cover Letter Writing
- Learn About Work Safety & Labour Relations



Work Experience..... don't leave school without it!

WHAT IS IT?

A Co-op is a program that integrates a student's academic studies with related work experience. The name "Co-operative Education" reflects the cooperative relationship between the educational institution, the employer, the parents and the student in realizing the programs objective. A Co-op program also will allow for a more authentic work placement where students will attend a job placement for three consecutive weeks. This allows us to take advantage of placements in health care, law offices, banks, museums, sporting organizations and engineering and architectural firms, which are now not accessible to our students. Further, A co-op will allow the co-op teachers to plan for comprehensive trips and events that will not negatively impact upon the curriculum, as students will be in one cohort for an entire semester.

WHO IS IT FOR?

A Co-op is designed for students interested in enhancing their resume and career path contacts with on the job training in varied fields, while at the same time, fulfilling their graduation requirements. Whether or not a student is intending to go to college or university or directly into the work force, this program is for them.

REQUIREMENTS?

- Must be Cooperative
- Must be Punctual
- Must be Mature
- Must be Reliable
- Must have excellent school attendance
- Must be at least 15 years of age
- Must have parent consent
- Must apply during course selection

HOW DO I APPLY?

- Indicate your interest through the course selection process
- Successfully complete an interview with the program teacher, if required
- Successfully complete a review of your attendance and punctuality



UNIVERSITY CONNECTIONS CO-OP

- Allows students the opportunity to take an active leadership role in school events, both in and outside the school day. Students will help plan a number of events in the school and will participate in community field trips throughout the semester
- Allow the student to obtain work placements in career areas that are usually not accessible, such as in health care, law offices, banks, museums, sporting organizations, engineering and architectural firms
- Allows for a more authentic work placement where students will attend a job placement for three consecutive weeks
- Students will be in one class with the same classmates for an entire semester
- Students can receive 20 credits
- Courses:

Chemistry 11
Career Life Connections 12
Life Sciences 11
Math 11 (Pre-Cal)
WEX 12A