



Skills for Learning, Skills for Life, and Skills for Work

~ Course Outline ~

Learning Support BASES (LSB) Building Academic, Social, and Employment Skills (Grades 8-12)

The Learning Support BASES team would like to welcome you to the LSB room. We are looking forward to the opportunity of supporting you academically and socially throughout the year. The main focus of this program is to teach you skills for learning, skills for life, and skills for work.

As a member of the LSB Room you will receive/learn:

- Assistance with homework/studying for tests
- A chance to write tests from other courses in the resource room (but it is your responsibility to let us know in advance)
- Student input into your Individual Education Plan (IEP)
- Outings and activities related to everyday living

Student Supply List

- Two - 2 inch binders
- Pens, pencils, eraser, white out
- Pencil case
- Calculator/Scientific calculator
- Ruler
- Lined/Graph Paper

The main skill areas are:

1. Literacy
2. Numeracy
3. Social Skills
4. Career and Employment Skills

Components of LSB

1. Literacy:

This is the ability to communicate by reading, by writing, and by listening, and talking.

- Research skills
- Current Events
- Creating/reading charts & graphs
- Paragraph writing
- Grammar
- Novel Studies
- Directions/Maps
- Recipes
- Health Information
- Nutritional Labels

2. Numeracy:

This is the ability to use numbers to solve problems by counting, doing calculations, measuring, and understanding graphs and charts.

Job Skills Math

- Handling money, calculating change, making change
- Addition, subtraction, multiplication, and division
- Calculating percent, estimating percent
- Cashier training
- Telling Time
- Measurement

Personal Finance

- Budgeting
- Comparison Shopping
- Writing Cheques
- Using Bank Services
- Debit Cards
- Employment Income
- Income Tax

3. Personal and Social Skills:

This is the ability to take care of yourself and others, and to be responsible for your learning and welfare. It includes managing your feelings, developing a positive and active attitude to life, and building relationships with others.

Personal Learning

- Goal setting
- Organization
- Time Management
- Asking for help
- Using planners/digital APPS
- Teamwork

Personal Development

(Managing a Household)

- Managing a home
- Finding a home
- Renting, Rental Agreements
- Setting up a home
- Financial Roles
- Home Maintenance

Social Skills

- Listening skills, negotiation skills
- Reading body language
- Different Points of View
- Opinions versus Facts
- Decision Making/Problem Solving
- Making Friends
- Positive Attitude
- Identifying, Understanding, Expressing, & Regulating Emotions
- Conflict Resolution
- Peer Pressure
- Anti-Bullying
- Anti-Discrimination

Personal and Community Safety

- Safety Symbols
- Road Signs
- With Strangers

4. Career and Employment Skills:

This is the ability to develop the skills required to apply for jobs and career programs, maintain employment, and or obtain new employment if, and when required.

Job Skills

- Resumes, cover letters
- Job/Career research skills
- Job Applications
- Interview skills
- Work Safe
- Work Experience Placements in Grades 10-12

How am I evaluated?

- Marks will be calculated based on your IEP goals.
- Everyone will receive a work habit evaluation of a G, S, or N on your report card.
- Grade 8's & 9's all receive a letter grade
- Grade 10 - 12's receive a percentage

Learning Support Teachers, BASES Program

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