

NORTH SURREY SECONDARY



ATHLETE HANDBOOK

About North Surrey Secondary School Information

School Colours	Red/White/Black
Mascot	Spartan Man
Address	15945 96 Avenue, Surrey, British Columbia, V4N 2R8
Contact Information	<i>Phone:</i> 604-581-4433
	<i>Fax:</i> 604-581-1150
	<i>www:</i> https://www.surreyschools.ca/schools/northsurreysecondary
Principal	JB Mahli mahli_j@surreyschools.ca
Vice-Principals	Diane Christensen Christensen_d@surreyschools.ca
	Gro Averill averill_g@surreyschools.ca
Athletic Director	Craig Wardle wardle_c@surreyschools.ca

Our Athletic Programs – with fees

IMPORTANT ATHLETIC FEE ANNOUNCEMENT

There are some changes to the structure of fees

Fees have been frozen for many years and due to rising cost of officials and tournaments, they have been altered to reflect that.

1. There are 3 different fees, for minor, mid and major costing sports
2. The cap has increased to \$75 per athlete. E.g. If someone plays Volleyball and pays \$60, they would then only owe \$15 for Basketball.

Minor	Mid	Major
\$25	\$60	\$75
Swim	Volleyball	Basketball
Track	Soccer	Ball Hockey
XCountry	Rugby	
	Badminton	
	Ultimate	

Fall Sports

Cross-Country \$25	Volleyball \$60	Boys Soccer \$60
Aquatics \$25		Ice Hockey \$75

Winter Sports

Girls Basketball \$75	Boys Basketball \$75	
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Spring Sports

Ball Hockey \$75	Girls Rugby \$60	Badminton \$60
Girls Soccer \$60	Track & Field \$25	Ultimate \$60

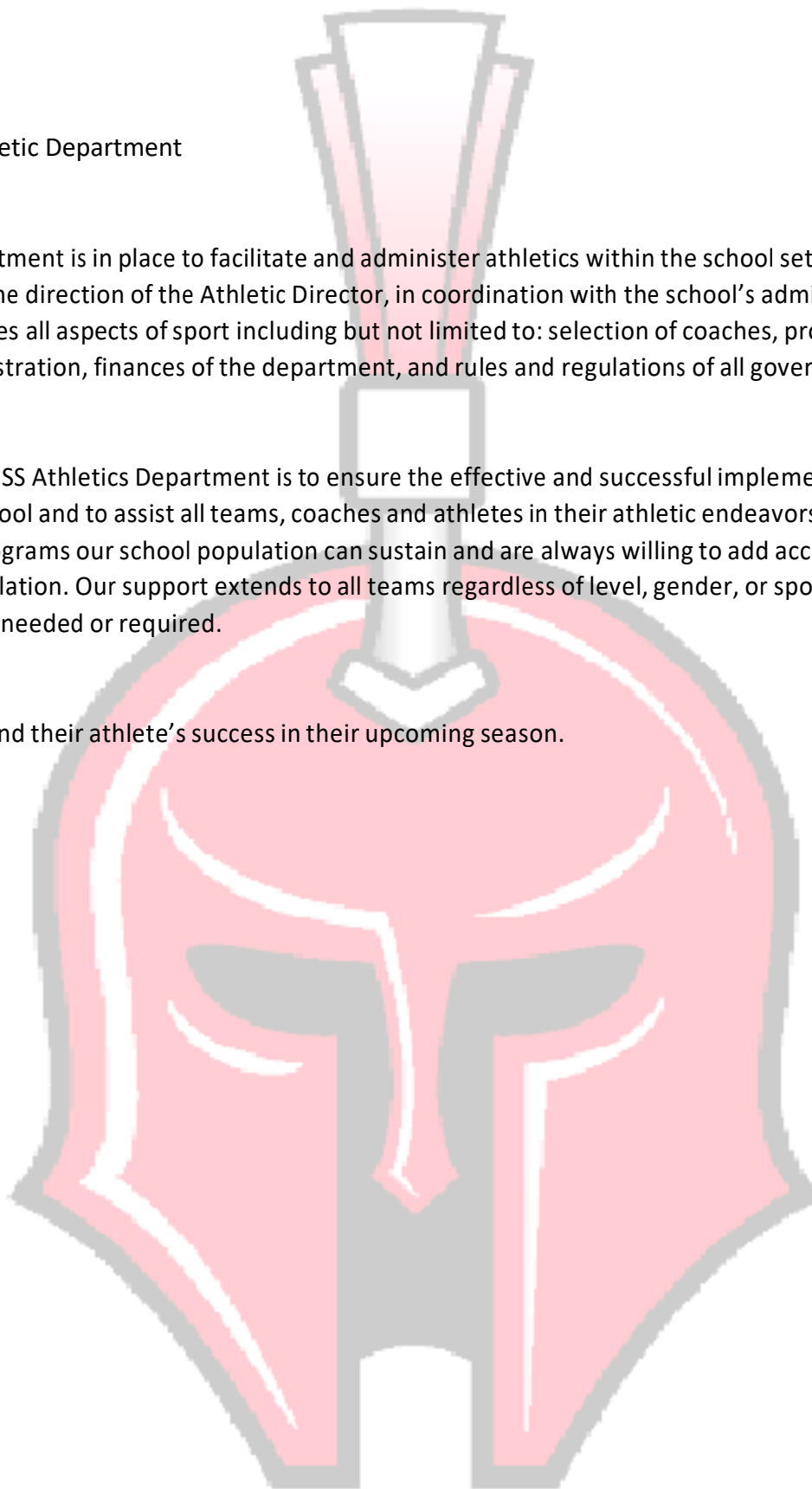
Purpose of the Athletic Department

The Athletics Department is in place to facilitate and administer athletics within the school setting at North Surrey Secondary. Under the direction of the Athletic Director, in coordination with the school's administration, the Department oversees all aspects of sport including but not limited to: selection of coaches, promotion of sport, scheduling and registration, finances of the department, and rules and regulations of all governing bodies.


The priority of the NSS Athletics Department is to ensure the effective and successful implementation of all sport programs at the school and to assist all teams, coaches and athletes in their athletic endeavors. We offer as many teams and sport programs our school population can sustain and are always willing to add according to the needs of the student population. Our support extends to all teams regardless of level, gender, or sport and will be available whenever needed or required.

We wish all teams and their athlete's success in their upcoming season.

Go Spartans!



Athletic Department Objectives

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- i.** To establish and maintain a positive image of school athletics at North Surrey Secondary amongst the school population and surrounding community.
 - ii.** To provide opportunities for:
 - a.** Physical, mental and emotional growth of all athletes and athletic assistants;
 - b.** Acquisition and development of sport specific skills through athletic endeavors;
 - c.** Understanding and demonstrating positive characteristics such as loyalty, co-operation, fair play, and other desirable social traits;
 - d.** Directed leadership and supervision that instills excellence, perseverance, hard work and the values of sportsmanship in creating complete “Spartans.”
 - iii.** To provide opportunities for student athletes to represent North Surrey Secondary and the school community, while developing an understanding that every eligible student has the right to try out for a team, but it is a privilege to represent one’s school.
 - iv.** To engage the maximum number of students in both the activity and administrative areas of the program for all sports.
 - v.** To generate and foster leadership qualities, while providing challenges for individual athletes and athletic assistants.
 - vi.** To contribute to the development of school spirit through athletic competition, student based fan support opportunities, and the celebration of sport.
 - vii.** To contribute toward the improvement of the health, fitness and general welfare of all individuals taking part in the program.
 - viii.** To place the fair treatment and well-being of the student athletes above any other consideration.

NSS Student-Athlete Code of Conduct

EXPECTATIONS OF A SPARTAN STUDENT ATHLETE

Spartans are winners both on and off their fields of play. It is important for a player to be competitive and aggressive but it is also important for them to be cooperative and controlled. In order to have a disciplined, sportsmanlike, and composed team, each North Surrey Spartan athlete is expected to guide themselves according to the following athlete code of conduct:

- Be dedicated, know the objectives of the program and organize your time and attitude to meet the objectives. Adjust your priorities to meet the objectives of the program.
- Show respect for your school, teachers, classmates, parents, and facilities.
- Show respect for your coach and teammates.
- Show your respect in your manners, dress, behavior, and language.
- Be appreciative of any services rendered to you by your coach.
- Be appreciative of any and all hospitality shown to you by your hosts in the schools we visit.
- Respect all school rules. Be a good citizen of the school.
- Give an equal or better effort in the academic or school life to what you give on the field of play.
- Consider the image of your school in any activities you undertake in the name of your school.
- Develop sportsmanship, composure, and poise.
- Control your emotions, especially in tough and demanding situations.
- Give 100% effort in both practices and games.
- Accept all referee calls and co-operate with game officials.
- Be aware to use appropriate language in any area or situation where people around you may be offended.
- Communicate and cooperate with the coach to solve personal or team problems.
- Be confident and proud of what you are doing in **SPARTAN ATHLETICS**.

Parent Code of Conduct

As a Parent/Guardian, I will:

- Support my child with positive encouragement.
- Respect and adhere to the ideals, policies, and rules determined by BC School Sports, Fraser Valley Secondary Schools Athletics Association, Surrey Secondary Schools Athletic Association, and North Surrey Secondary
- Maintain self-control at all times.
- Encourage my child to attend as many games and practices as reasonably possible in a timely manner.
- Respect the facilities, either home or away, in which my child is privileged to play.
- Show respect for the decisions, judgment and authority of the officials and score keepers.
- Show respect for the feelings and accept the capabilities of my child, my child's teammates and players on the other team.
- Exhibit a high degree of sportsmanship, teamwork and positive attitude at all times when representing my child and NSS.
- Avoid confusing my child by coaching from the stands.
- Refrain from expressing my opinion of the coaches or players in front of my own child.
- Refrain from using foul language towards other parents, coaches, officials or opponents.
- Refrain from yelling at or threatening referees, opposing players or coaches before, during, or after games or practices.
- Refrain from demonstrating frustration or anger after a loss or poor performance.
- Not physically abuse any other person.
- Refrain from approaching the bench during a game situation unless summoned by a coach.
- Accept defeat gracefully...love the game above the prize.

Fee Structure for Student-Athletes

ATHLETIC FEE

Each student-athlete participating in sport at North Surrey Secondary is required to pay a one-time athletic fee for the Calendar year, regardless of the number of sports that they participate in. The athletic fee is designed to cover a variety of costs, dependent on the sport, which is associated with running the Athletics Program at NSS. The majority of the money is allocated for Association Fees, League Fees, Surrey, Fraser Valley and Provincial Championship Fees, referee costs, court and field supplies, the purchase of uniforms and equipment along with their maintenance. In addition to those costs, the Athletic Department provides teams with medical supplies, provincial tournament fees, in addition to plaques and trophies for the Athletic Awards Night.

The athletic fee for the upcoming school year will be **\$60** * (*\$75 basketball)

TEAM FEES

Some programs or individual teams will require supplemental fees in addition to the standard athletic fee. These fees are at the discretion of the coach or head of the program and are charged to cover various costs associated with these teams. Examples of team fees may include but are not limited to tournament costs, team travel, accommodations, and things like team gear or clothing. It is expected that each coach will provide a cost breakdown of all additional fees required for each student athlete.

Student Transportation

Participation on a team will include a number of community-based field trips for games and competition. In order to accommodate all the students, we use the school van for transportation, but may also require parent and/or student drivers. For safety reasons we will need a number of forms to be completed.

A "Volunteer Driver Registration" form must be completed by all drivers. This increases personal liability to \$10 million. If you are in a position to assist with the transportation of students, please complete a volunteer driver form and we will keep in on file. In addition, we need all students to have on file, a parent authorization form giving permission for the student to attend the field trips (away games) and to specify acceptable modes of transportation.

Coaching Selection Process

The Athletic Director and the Principal will select coaches for all positions offered by Athletics at North Surrey Secondary. Depending on the level of interest, coaches will be selected based on their qualifications and their suitability within a given sport and/or age group. Below is the evaluation (in no specific order) that will be used to award coaching positions at NSS:

- A. Coaching Certifications
- B. Years of experience within the sport (coaching, competing, etc.)
- C. Contribution to the sport-specific program
- D. Suitability to work with the team, coaching staff, & within sport-specific program

COMMUNITY COACHES:

BC SCHOOL SPORTS understands community coaches are integral to the school sport system, and they are necessary to ensure further opportunities for student-athletes. Recognized athletic associations, member schools and/or school districts are encouraged to adopt the following guidelines to ensure that the philosophy, objectives and values of the BC SCHOOL SPORTS system are maintained.

1. Community coaches should complete the Volunteer Information Sheet and Criminal Record Check form and submit copies to both the Office and School Administrator. The form will enable school representatives to start to determine the qualifications and suitability of the prospective community coach to supervise and coach students of school age, and to receive from the prospective community coach authorization for a criminal record check.
2. It is strongly recommended that the community coach has completed a minimum of level one theory of the National Coaching Certification Program.
3. The School Administrator and/or Athletic Director should meet with each prospective community coach to discuss school athletic policy and school sport objectives, ensuring that the coach understands:
 - a. the expectations for the supervision of students
 - b. emergency protocol within the school
 - c. accountability for equipment, uniforms, finances
 - d. league schedules and deadlines
 - e. practice times, restrictions, policies and access
 - f. school and/or district travel policies and insurance requirements
 - g. the BCSS and North Surrey Secondary's Coach's Code of Conduct and procedures
 - h. the BCSS Eligibility Policies and procedures
 - i. the decision-making process and jurisdictional boundaries of the school, school district, athletic association, sport commission and BCSS
 - j. required paperwork for team and player registration and entry into events
 - k. how and where to register for NCCP clinics
4. The school Administrator and/or Athletic Director will request and check at least two references for each community coach candidate.
5. The school Administrator and/or Athletic Director will undertake a criminal record check on the

prospective community coach to ensure no convictions under the Criminal \ Code of Canada and the Narcotics Control Act.

6. The BCSS supervision policy does not require that a teacher-sponsor be present with adults who have been approved by the school Administrator. It is therefore strongly recommended that the Athletic Director and/or Administrator conduct periodic observations of the community coach at practice and in competition.



Athletic Points Allocation

Upon completion of the season of play, coaches shall award points to each student-athlete based on the following criteria. Points should be entered into the *roster, uniform and fee collection spreadsheet* and emailed to: (wardle_c@surreyschools.ca).

5 points – Team Leader

- excellent attitude
- great work ethic in practice & games
- premier athlete – strives for excellence
- vital to teams success
- coachable
- good sportsman

4 points – Above Average

- good attitude
- good work ethic in practice & games
- coachable
- important to teams success
- showed marked skill improvement

3 points – Starter

- good attitude
- consistent in play but not a star
- team player
- good work ethic in practice & games

2 points – Fair Contributor

- developing athlete
- showed continued growth
- not a starter, saw limited action
- worked at improving

1 point – Made Team

- member of team
- made practices & games at least 50% of the time

BONUS POINTS	
Surrey/League – Champions	- 1 point
Fraser Valley – Participant	- 2 points
Fraser Valley – Champions	- 3 points
Provincial – Participant	- 2 points
Provincial – Placing	- 4 points
Provincial – Champions	- 5 points

Awards System	
Bronze Spartan	– 15 points
Silver Spartan	– 30 points
Platinum Spartan	– 45 points
Golden Spartan	– 60 points

Individual Awards

The North Surrey Athletic Department provides each team with an opportunity to present an award for their Most Outstanding Player at the year-end Athletic Awards Ceremony. We support the decisions made by the individual team’s coach(es) and would like to recognize their chosen athletes at the end of the school year.

In addition to recognizing individual players, we would also like to recognize the entire team, so please provide a season summary in the space below. The summary will be read at the Athletic Awards Ceremony and is designed to highlight the team’s accomplishments throughout the past season of play. ***Please ensure this form is filled out and submitted to the Athletic Director at the completion of your season.***

In addition to Team MOP awards, the following awards will also be awarded at the year-end Athletic Banquet:

<ul style="list-style-type: none"> • Athletic Pins • Grade Aggregate Awards 	<p>Determined by individual athletic point totals for the school year</p>
<ul style="list-style-type: none"> • Outstanding Junior Male and Female Awards • Outstanding Senior Male and Female Awards • Academic-Athletic Male and Female Awards 	<p>Determined by collective input of all coaches/athletic directors</p>

North Surrey Secondary Athletics Contact Information/Medical History

Name:

Last

First, Middle Initial

Birthdate:

Month/Date/Year

Address:

Phone (main)

Other (cell, work)

Email

Emergency Contact Information:

1.

Name

Relationship

Phone

2.

Name

Relationship

Phone

Medical Contact Information

Family Doctor

City

Phone

Care Card Number: _____ (In case of emergency)

Relevant Medical History

Allergies?

Medications?

Will you carry any of these medications with you while at practice/games?

The information herein will only be viewable by Coaches of North Surrey Secondary on an as needed basis. In the event of a medical emergency, this information will be provided to an ambulance attendant. This information will be kept confidential, and, upon request, will be returned once you or your son/daughter are no longer participating in athletics at North Surrey Secondary.

By signing below, you give the coaches, athletic directors, administration and staff of North Surrey Secondary express permission to release this information if required to do so.

Name of Participant

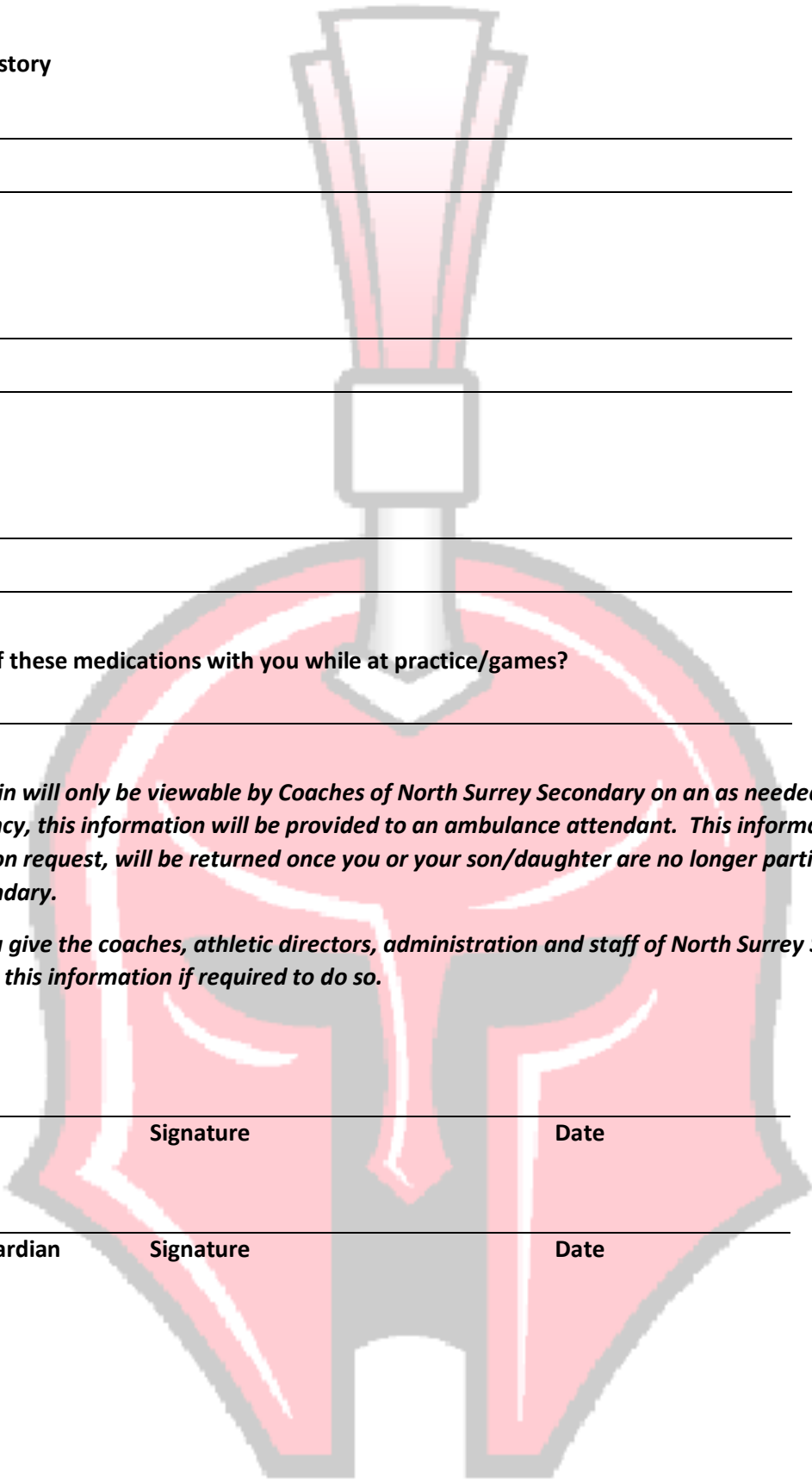
Signature

Date

Name of Parent/Guardian

Signature

Date



Student-Athlete Permission Form

This document needs to be signed by the student athlete and their parent/guardian for each season of play. This document ensures that all NSS students and parents understand the expectations of the Athletic Department.

STUDENT NAME: _____ **SPORT:** _____

PARENT/GUARDIAN NAME: _____

Student Declaration

I have read the NSS Athletic Handbook and understand the expectations outlined. By signing below, I agree to abide by all the rules and regulations outlined and accept all consequences in relationship to any rules or regulations violated.

Student Signature: _____ **Date:** _____

PARENT/GUARDIAN CONSENT

I/We have read the NSS Athletic handbook and understand the expectations outlined. I/we agree that my child should abide by all the rules and regulations outlined and they will accept any consequences in relationship to any violations of rules or regulations.

DECLARATION

I/We also understand the expectations outlined with regards Parent Code of Conduct. I/we agree to abide by the expectations and be strong supporters and role models to our student athletes.

PERMISSION TO PARTICIPATE

Please be advised that athletic activities can sometimes be dangerous and accidents may happen. By signing below, you understand the risks and give permission for your son/daughter to participate.

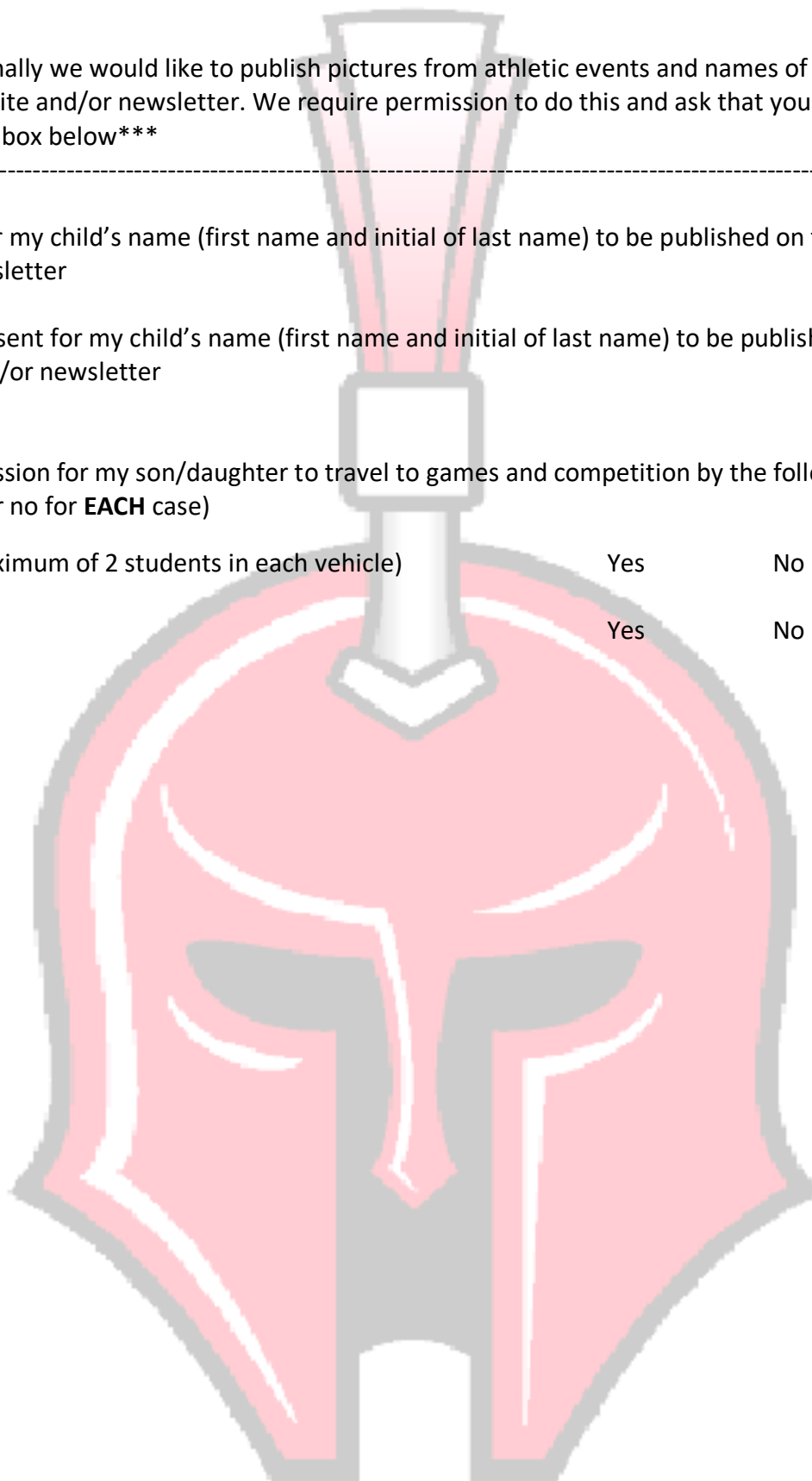
Parent Signature: _____ **Date:** _____

1. ***Occasionally we would like to publish pictures from athletic events and names of our athletes on our school website and/or newsletter. We require permission to do this and ask that you check the appropriate box below***
-

- I consent for my child's name (first name and initial of last name) to be published on the school website and/or newsletter
- I do not consent for my child's name (first name and initial of last name) to be published on the school website and/or newsletter

2. I give permission for my son/daughter to travel to games and competition by the following means (circle yes or no for **EACH** case)

Student Driver (maximum of 2 students in each vehicle)	Yes	No
Parent Driver	Yes	No



Student Name: _____
Student Number: _____

ANNUAL VOLUNTEER DRIVER REGISTRATION

North Surrey Secondary School

Driver Name:			
Address:			
Contact #:	Home:		Cell:
*Please ensure the information in the section below is verified by a school staff member			
BC Driver's License #:		BC Vehicle License Plate #:	
Insurance Documents:	(please show to staff for verification of license plate)		Staff Initials: _____
Driver is:	Parent <input type="checkbox"/>	Staff <input type="checkbox"/>	Other: _____
Vehicle Owner:	Driver <input type="checkbox"/>	Other: _____	
Vehicle Make:	Model:	Year:	Max. # of Passengers: (excluding the driver)

DRIVER'S STATEMENT: I agree to:

- Keep the safety of students as the highest priority;
- Follow instructions by the Educator-in-Charge of the field study;
- Provide a safe, roadworthy vehicle licensed in British Columbia;
- Operate the vehicle in a safe manner and as required by law;
- Maintain a zero blood alcohol level while transporting students;
- Provide a non-smoking environment while transporting students;
- Refrain from using a cellular device while transporting students;
- Ensure students age 12 or under do not occupy front seats equipped with active air bags;
- Verify the use of passenger restraint systems/seat belts for all occupants.

Driver's Signature

Date

PRINCIPAL OR V.P. APPROVAL:

Signature

Date