



# Mountainview Montessori News

15225 – 98 Avenue, Surrey BC V3R 1J2

Tel: 604-589-1193 Fax: 604-589-5000 Email: [mountainview@surreyschools.ca](mailto:mountainview@surreyschools.ca)

[www.surreyschools.ca/schools/mountainview](http://www.surreyschools.ca/schools/mountainview)

MS. CHERYL RUTHERFORD – PRINCIPAL

MS. LORI BAIRD – HEAD SECRETARY

APRIL 29, 2019

*In our Montessori school we learn together peacefully and responsibly by caring for each other and the world.*

## Principal's Message...

Hi Everyone.... The school is so quiet without the sounds of kids and teachers busy doing their work. I miss you all 😊

It is so hard to believe that it's been five weeks since Spring Break ended. Teachers have worked very hard to connect with families; and, each week they continue to find creative and manageable ways for students to continue their learning. It is wonderful that so many of our families and students have joined class meetings, responded to teacher emails and phone calls, connected during two way video conferences with classroom teachers, LST, IST, and support staff. It is important that you continue to connect while we are learning virtually.

Some suggestions for families:

- set up a quiet work space
- set up a schedule that works for you and your family
- check in and see how kids are managing the work
- do not hesitate to connect with teachers to answer your questions/concerns
- talk to your kids about what they are doing "in class"

This is a personal message to our students from me... Your teachers and I care about you. They care about your emotional well-being and your education. Teachers are working hard to find creative ways to engage you in learning and to help you through this challenging time in all of our lives. Please do your best to connect with your teachers, classmates, and to complete as much of the work as you can manage. It will help you to get through this challenging time.

To our parents... a big thank you from all of us for everything you are doing to support your child's learning. We couldn't do this without you! We understand this is difficult, many of our teachers are sharing the same struggles at home - managing work and supporting their kids' own learning. It is NOT easy!

We know this is challenging for you, as well. Please do not hesitate to reach out to your teachers, or me, if you need support.

This week would have been Student Led Conferences. Obviously, they could not go on as scheduled. Teachers will be communicating how this will be managed in their classrooms in the coming weeks. Please stay tuned...

Next week is Mental Health Awareness Week...

Please make sure that you and your family are taking care of yourselves: connect with family and friends virtually, take time to enjoy the outdoors, cook a meal, read books, or play games together! Most importantly find time to talk to each other, share a laugh and stay healthy. Wash your hands! Stay Healthy! Be Kind!

Here is a link to a special message from the staff at Mountainview: [https://youtu.be/WTu32Yy\\_tpE](https://youtu.be/WTu32Yy_tpE)

Enjoy!

*Cheryl Rutherford*

## UPCOMING DATES...

### May

- May 1<sup>st</sup> Professional Development Day
- May 18<sup>th</sup> Statutory Holiday – Victoria Day
- May 25<sup>th</sup> Professional Development Day



## DO YOU NEED TO CONTACT THE SCHOOL?

Our school telephone hours are from 9am – 1pm during school days. Please feel free to contact the school anytime via email at [mountainview@surreyschools.ca](mailto:mountainview@surreyschools.ca).

## MOVING?

If you know you will not be returning to Mountainview next September, please let us know via email as we are starting to plan for next year.

## WE MISS YOU!

May 8<sup>th</sup> Parent Tea day on our calendar. Please have a special cup of Tea and know we are thanking you for all the help homeschooling.





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### **Finances**

We are trying to clear up our accounts. Statements have been emailed. Payments may be made on-line. If you have any questions or inquires, or cannot make payment due to Covid 19, please contact the school.

Purdys refunds have been done – cheques are in the mail.

Fieldtrips – refunds for cancelled field trips and both grade 7 and intermediate camp are complete. If you paid on line, check your bank account, if you paid by cash or cheque you should see a cheque in your mail soon.

### **Notices (you may have received)**

**Band** – grade 6 students please return to your teacher. FYI...all Grade 7 students take band at Mountainview😊

**Video conferencing** – if you do not want this feature for your child it is important to let us know

### **Digital Responsibility Contract**

Many teachers are using video conferencing through Teams and other platforms to connect with their students. Teachers will be sending these forms out as needed. Please watch for them. It is important that our students understand the importance of on-line etiquette. We ask that you discuss each item with your child and return the completed forms to your teacher. A verbal response is fine too!

**Grade 7 students** – we are still waiting for confirmation from several students about where they will be attending school in Grade 8. Please let us know as soon as possible. If you are not attending Johnston Heights, you should have already registered at your neighbourhood high school.

### **PAC Meeting**

Thank you to our wonderful PAC for continuing to work to support our school even during the COVID 19 suspension of in-class instruction. Please know that our entire community is continuing to work together behind the scenes to get things done!

Please stay tuned for announcements of upcoming virtual PAC meetings that we will need to do before then end of the year.

Mental Health Websites:

Mental Health Resources and Supports

Crisis Supports:

Kids Help Line: 1-800-668-6868

Kids Help Phone: (Text CONNECT to 686868)

Fraser Health Crisis line: 604-951-8855 or 1-877-820-7444 (toll free)- trained volunteers provide emotional crisis support 24 hrs/day, 7 days a week.

Mental Health Support Line (24/7 all ages): 310-6789

Emergency Mental Health Crisis: Call 911 – Car 67

Mental for Parents/Educators. [www.nasponline.org](http://www.nasponline.org)

The Collaborative for Academic, Social and Emotional Learning <https://casel.org/covid-resources>

Teen Mental Health: Staying connected during Covid 19 [www.teenmentalhealth.org](http://www.teenmentalhealth.org)

Kelty Mental Health: CoVid 19 Resources [www.keltymentalhealth.ca](http://www.keltymentalhealth.ca)

Alongside You: COVID 19 Online Community Mental Health Support Group [www.alongsideyou.ca](http://www.alongsideyou.ca)

Stigma Free Society: COVID-19 Youth Wellness Toolkit [www.stigmafreesociety.com](http://www.stigmafreesociety.com)

Be Kind!

Be Patient!

Stay Healthy!

