



Morgan PAC – Parent Education  
Presents **Tamara Banks** –  
Principal and educator from SD43 Coquitlam on  
**Social Emotional Learning**

As part of Morgan Elementary's focus on Social Emotional Learning (SEL), our children recognizing and describing their emotional state at any given time. Tamara Banks has been in the spotlight educating parents on the topic and is here to enlighten and build our SEL language between parent and child.

**What is Social-Emotional Learning?**

Social-emotional learning is the process of developing students' knowledge, attitudes and skills to manage emotions, build healthy relationships, set goals and make decisions.

Social-emotional skills are essential for working with others, building resiliency, achieving goals.

Social-emotional skills are foundational for success in school and in life.

**Date:** November 14, 2017  
**Time:** 7:00 pm – 8:00 pm (please arrive at 6:45pm )  
**Location:** Morgan Elementary Gym  
**RSVP:** [vic4pac@shaw.ca](mailto:vic4pac@shaw.ca)  
**Cost:** By Donation (suggested amount \$5.00)