



Ecole Élémentaire Laronde

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*Our commitment at École Laronde is to offer a fulfilling French experience while developing kind, respectful and responsible learners who are creative builders of their future.
À l'École Laronde, nous nous engageons à offrir une riche expérience du français
et à former des élèves gentils, respectueux et responsables
qui sont les créateurs de leur avenir.*

Parent Session iGirl/iGuy

The iGirl/iGuy parent session is planned for Wednesday, November 8 @ 6:30 pm and we would like to extend the invitation to ALL parents. Our grade 6 and 7 students will receive the program however the content of the parent session would be of interest to all parents. Please read the notice below for more details about the content. I apologize for the very short notice; I was not aware that I was the one who needed to share this information with you. Thank you for understanding that many things are new to me and I am trying to keep on top of it all.

Warm regards,
Mme Niro



iParents,

A Workshop for Adults with iGirls and iGuys in their lives.

Ok parents, truth time. In this crazy world of friends bullying friends, gender stereotypes dictating who we should be, and media that can be anything but social, do you ever lay in bed wondering how your children are ever going to be true to themselves, make **smart decisions, and stay safe? Especially after the day you've had with them?!**

Seriously though, you know what they say about it taking a village **and that's where** Saleema Noon and her team of fearless educators come in. In our iGirl and iGuy Empowerment Workshops, we take the role of the cool older sister or brother, giving your child the skills and information needed to rock their teenage years and beyond. **And that's not all. Our iParents workshop is here for back up. We'll not only bring you up** to speed on how we empower boys and girls with a common language and easy to understand concepts, **we'll show you how to reinforce these messages long after we visit your child's classroom.**

You'll learn how to help your child:

- Challenge society's definition of what it means to be a "girl" or a "boy",
- Deal with friendship and bullying challenges using assertiveness skills,
- Unmask their true identity so they can be their authentic selves,
- Get to know and honour their varied emotions,
- Stay safe and make smart decisions online, and
- Build relationships they can feel proud of.