
AROUND LARONDE – October 7, 2019

Our commitment at École Laronde is to offer a fulfilling French experience while developing kind, respectful and responsible learners who are creative builders of their future.

À l'École Laronde, nous nous engageons à offrir une riche expérience du français et à former des élèves gentils, respectueux et responsables qui sont les créateurs de leur avenir.

We would like to wish all of our students and their families a very Happy Thanksgiving! Here at Laronde we are thankful every day to work and learn with such wonderful students and such a supportive community.

EARLY DISMISSAL – INTERIM CONFERENCING

On Thursday, October 24 @ 1:35 it is early dismissal for interim conferencing. Teachers can choose how they wish to conference with students and parents. Some teachers will do student-led conferences others parent-teacher conferences (**individual teachers will send out their schedule and you can then call our office to book a meeting time**). Some teachers will send a brief update on your child's progress and learning via FreshGrade or a paper interim. This is an opportunity for you to ask questions about your child's progress and learning.



HALLOWEEN @ LARONDE

On Thursday, October 31 @ 9:00 am we will have our third annual Halloween Parade in the gym. Parents/guardians are welcome to attend. We encourage our students, staff and parents to wear costumes or to dress in black and orange. We are looking forward to having a Spooktacular parade!

HALLOWEEN PARADE



Orange Shirt Day @ Laronde

Upcoming Events

October 14 – Thanksgiving

October 24 – Early Dismissal 1:35

October 25 – NID/PRO-D

October 31 – Halloween Parade
9:00 in the gym

School Sports

Soccer

Playdays
Wed. Oct. 9 – Co-ed Team
Thurs. Oct. 10 – Boys Team

Cross Country Running

Meets – every Tuesday 3:30-4:30 @
Crescent Park until Oct.15 (inclusive)

Practices:
Wed. 8:15-8:35
Fri: 2:40 – 3:00

We will need as many parent volunteer drivers as possible to get all of our students to the meets.

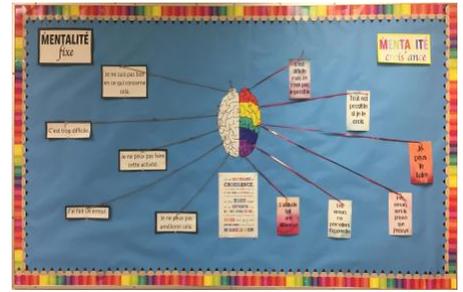
Music Club Practices:

Monday @ lunch gr. 4 – 7 CHOIR
Tuesday @ 7:45 gr. 5-7 ORFF
Tuesday @ lunch gr. 4 ORFF
Wednesday @ lunch HANDBELLS
Thursday @ lunch gr. 2- 3 CHOIR

MORE IMPORTANT NEWS

GROWTH MINDSET – MENTALITÉ de CROISSANCE

At Laronde we are continuing to focus on fostering a growth mindset. What does that mean? It means that students focus on having a positive mindset about their abilities and efforts. Studies have shown that students who believe that they can learn, that they can attempt difficult tasks and that they can learn from their trials and errors are more successful. Check out our lobby display board for some of the common phrases we use to help students think about having a growth mindset. Phrases such as:



INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them

SOCIAL and EMOTIONAL HEALTH PROGRAMS

Please see the 2 attached flyers for more information on social and emotional as well as parenting workshops. There are some really good workshops.

In the Community

HALLOWEEN PARADE

Thursday, October 31, 2019

We encourage all students and staff to wear a costume or to wear orange and black. All classes will come to the gym and each grade group will parade around the gym together with music.

Parade @ 9:00 am – all parents & guardians are invited to come watch

PAC News

Next PAC MEETING –
Mon. Nov.18 @ 6:30 pm – all parents are welcome to attend.

Please make sure you register on the Laronde PAC website

<https://www.larondepac.ca/admin/>



Cross Country Meet @ Crescent Park





EMOTIONS BC SKILLS & SHARING FOR FAMILIES & CAREGIVERS

Do you have a loved one who is struggling with managing emotions or with a mental health challenge? It's not hard for you, as a family member or caregiver, to understand, support and cope? Emotions BC offers Skills Sessions and Support groups that provide a sense of community with others who understand these dynamics. This group provides information, knowledge, resources, skills and support to transform family relationships.

SCHEDULE

EDUCATION GROUP
SKILLS & LEARNING
2nd Monday Each Month
7:00pm - 8:30pm
Monday, July 8, 2019
Monday, August 12, 2019
Monday, September 9, 2019
Tuesday, October 15, 2019
Tuesday, November 12, 2019
Monday, December 9, 2019

SUPPORT GROUP
SUPPORT & SHARING
3rd Monday Each Month
7:00pm - 8:30pm
Monday, July 15, 2019
Monday, August 19, 2019
Monday, September 16, 2019
Monday, October 21, 2019
Monday, November 18, 2019
Monday, December 16, 2019

LOCATIONS

LANGLEY, NEW WESTMINSTER & TRI-CITIES (SOON)

Stepping Stones 20101 Michaud Crescent, Langley, BC
Family Place 493 Sixth Street, New Westminister, BC
Note: See the website for detailed information on groups in these areas



W: EMOTIONSBC.CA | E: INFO@EMOTIONSBC.CA | F: FACEBOOK.COM/EMOTIONSBC

Parent Leadership Group

The Parent Leadership Group will be an opportunity for all dads and moms to stretch into having what all parents truly want for their children...

INTEGRITY!

In the Parent's Leadership Group, moms and dads will receive information, insights, and coaching that will address some of the toughest real-life situations parent's face. Concurrently, parents, when sharing their challenges and successes, will inspire and support each other toward being more effective leaders.

Please note, although this group will be supportive, it is not intended to be a 'support group'; Rather a 'Leadership' group for parents who want to receive inspiration and information on how to be a more effective leader!

Topics covered will include: growing and developing as a parent and leader, creating a safe home, how to recover from disappointment, how to care for yourself and create resiliency, creating and establishing healthy boundaries, administering discipline and having expectations, human and adolescent development, attachment and bonding, the influence of a parent's own upbringing on parenting, the impact of trauma on parenting style and capacity, communicating with integrity, the impact of indulgences and addictions, creating love and intimacy in romantic relationships, teaching children about sex and drugs, and much, much more!

This group will be facilitated by John Solano, a professional counselor with over 27 years of experience, with specific training and experience regarding youth issues. John, also a certified addiction counselor, currently serves as a family counsellor in the Immediate Response Program.

Where: Surrey Youth Resource Centre

114 - 13479 76th Ave

When: Every Tuesday

6pm - 8:00pm

Cost: Free

Registration: Call John Solano @ 604-839-2395

Details: The group is a drop-in format. Come to one or all sessions. No referral required. Bringing a pen and notebook is recommended.