

# Psychology 11

## What is Psychology?

*Psychology is the science or study of the mind and behaviour.* Psychology 11 is designed to introduce students to the study of behavioural and mental processes. Psychological principles will be examined within the context of historical studies and experiments, everyday life, and personal responses. This course is based on the following rationale:

- developing thoughtful, and responsible citizens, who are able to acquire the requisite information to consider multiple perspectives, and to defend a position
- thinking critically, evaluating information, and practising effective communication
- applying new principles and concepts to personal experiences

## What topics will we be covering?

Textbook: *Psychology in Action* (Huffman)

- Development and Methodology of Psychology
- Neuroscience and Biological Foundations
- Stress and Health Psychology
- Sensation and Perception
- States of Consciousness
- Learning
- Memory
- Thinking, Language, and Intelligence

## Course Breakdown

- |                                      |     |
|--------------------------------------|-----|
| ▪ Projects                           | 35% |
| ▪ Assignments                        | 35% |
| ▪ Tests/Quizzes/Personal Reflections | 30% |
- \*Subject to change

## Student Conduct

Your *L.A. Matheson Agenda* outlines appropriate and acceptable student behavior, as well as student expectations. A few that I would like to emphasize are:

- Please be kind, courteous, and respectful to those around you.
- Please come to class prepared (textbook, notebook, paper, pen, pencil, etc.).
- **Always** assume I do not want to see or hear your cell phone.
- **A positive attitude goes a long way!**

## Attendance

You are expected to be here everyday, on time, and prepared. My two main concerns are first, that your parent and/or guardian is aware you are missing class and second, you know you are expected to make up any missed course work. I fully understand that you may need to miss class at some point during the semester, however, missing class does not excuse you from completing all of the coursework.

Students will be recommended to the **ATTENDANCE POLICE/OFFICE** if deemed necessary 😊

## Lates

Please make every effort to be in class on time. If you are chronically late to class, it gives the impression that you are not taking the course seriously. It is also disrespectful to myself, and your fellow classmates. If you are late, please do not be disruptive as you enter. Enter quietly - If you are a repeat offender...we shall discuss how to solve the problem 😊