

This is important information. Please have this translated.

ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਸੂਚਨਾ ਦਾ ਅਨੁਵਾਦ ਕਰਵਾਓ। | يرجى الطلب من شخص ما بترجمتها لك . | هذه الرسالة مهمة جداً .

請找人替閣下翻譯這重要通告。 | 이것은 중요한 통지입니다. 꼭 번역하여 읽으십시오.

यह बहुत ज़रूरी नोटिस है। इसका हिन्दी में अनुवाद कराईये।

Ito ay importanteng impormasyon. Mangyaring isalin ito sa Tagalog.

December 14, 2020

Dear Johnston Heights Secondary School community,

Please find below a notification from Fraser Health. This notification is an alert that someone within the school community has tested positive for COVID-19.

Please note: This individual was **not** in the same class as your child.

The person involved has been isolated and there is no chance of direct exposure at this time.

Our district is committed to transparency and we will continue to notify our school community of COVID-19 exposures at our schools as soon as public health informs us.

What happens next?

- If Fraser Health identifies anyone at the school that needs to self-monitor or self-isolate, they will be contacted directly. That contact often occurs within 24 to 48 hours but may be shorter or longer depending on the circumstances.
- If you do not receive a phone call or letter, please continue to attend school and monitor for [symptoms](#) compatible with COVID-19 as per our school policy.

Again, please see the attached letter for additional information from Fraser Health. For privacy reasons, we cannot provide any further details.

If you have any health questions or concerns, we encourage you to call 811.

Sincerely,



Jordan Tinney  
Superintendent of Schools/CEO

**Surrey Schools – Superintendent's Department**

14033 92<sup>nd</sup> Avenue, Surrey, B.C. V3V 0B7

**Tel:** 604-595-6308 | **Fax:** 604-595-6309 | **Web:** surreyschools.ca

Date: December 14, 2020

Dear Parent,

We are writing to let you know that someone with COVID-19 was at your child's school. We also want to let you know the steps Public Health is taking to protect the school community.

**If you are reading this letter, your child was not in the same class as the person with COVID-19.** The person involved has been isolated. Because of this, there is no chance of direct exposure at this time.

The person with COVID-19 was at your child's school, Johnston Heights Secondary School, 15350 99 Ave, Surrey, BC on:

December 8 and 9, 2020

The actions the Public Health team is taking are:

- We work to trace the person's contacts to find out how the person got infected and who they were in close contact with.
- We investigate the exposure at the school so we can quickly find out if any staff or students need to isolate (self-isolate) or monitor for signs of COVID-19 (self-monitor).
- We phone the staff and students who were in close contact with the person and need to **self-isolate**.
- We might send letters to some staff and students and ask them to **self-monitor** for symptoms of COVID-19.

This letter does not mean Public Health will be contacting you. Public Health will only contact you if you or your child was directly exposed to COVID-19.

We ask you to:

- Please continue to send your child to school.
- Continue to monitor your child for signs of COVID-19 each day using the Daily Health Check supplied by your school.

For privacy reasons, we cannot give any specific details about the exposure except for what is in this letter.

Sincerely,

Fraser Health Population and Public Health  
COVID-19 Call Centre  
604-918-7532

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### How is COVID-19 transmitted?

This virus is spread by liquid droplets in the air. These droplets get into the air when an infected person coughs, sneezes, talks, or sings. Droplets can come from their nose, mouth or throat. These droplets can land on you if you are close by. The virus can also spread by touch. If droplets are left on objects and surfaces, you could become infected by touching these objects or surfaces. The virus enters the through the eyes, nose, or throat.

### What if you or your child gets sick?

If you or your child have symptoms of COVID-19, *even mild ones*:

- Isolate that person from others at home right away.
- Get assessed using the BC Self-Assessment Tool.
- Get tested for COVID-19 as soon as possible.

If you are not sure if you should be tested, here are your options:

- Call 8-1-1.
- Contact your family doctor.
- Call the Fraser Health Virtual Care Team.  
1-800-314-0999 (10:00 a.m. to 10:00 p.m. daily)
- Follow the directions given to you by the testing location on how long to self-isolate.

#### The BC Self-Assessment Tool

Find it online at [bc.thrive.health](https://bc.thrive.health) or scan this QR code.



#### How to self-isolate

Visit the BC Centre for Disease Control website or scan this QR code.

[bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf](https://bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf)



#### Where to get tested

To find the nearest testing location, go to [fraserhealth.ca/COVID19testing](https://fraserhealth.ca/COVID19testing) or scan this QR code



### Where can you learn more?

- To speak with someone in your language, call HealthLinkBC at 8-1-1 with any questions or concerns. When you call, say your language in English three times, then wait until an interpreter comes on the phone.
- To learn more about COVID-19:
  - Go to the BC Centre for Disease Control website at [bccdc.ca](https://bccdc.ca). Select 'COVID-19 for the public' or scan this QR code.
  - Go to our web pages on COVID-19 ([fraserhealth.ca/covid19](https://fraserhealth.ca/covid19)) for added resources and answers to frequently asked questions or scan this QR code:



A "QR code" (short for 'Quick Response' code) is a type of barcode you can scan with your smart device's camera. Once scanned, it takes you to that web page.