

## IT'S KINDNESS MONTH AT DOGWOOD!

February's 'Super Power' is KINDNESS at Dogwood! We have planned some events for February to promote and celebrate kindness and friendship!

### "Kindness Counts!" - All month!

Our students will be posting 'heart-shaped' messages on our outside windows to highlight ways we can be kind and to show appreciation to others for their kindness. Come take a look to see all the ways our Dogwood students are being kind!



### "Toonie" Coin Drive- Week of February 8-12th

One of the best ways to show kindness is to give to others. This year, we will be collecting toonies (\$2 coins only). Donations will be given to the Surrey Children's Hospital foundation. Every child who brings a 'toonie' will be entered into a draw for some fun 'kindness-themed' prizes!

### School Spirit Days

**Friday, February 12**-Wear your valentine colours- pink, red, purple!

**Wednesday, February 24**- Pink Shirt Day! (wear anything pink!)

### Say 'HELLO' day- Feb. 17th

Everyone at Dogwood will wear a 'hello my name is' nametag today. We are all going to make an extra effort to say hello using each other's names today to spread the friendly spirit!

**Manners Matter-** we will be reinforcing the use of good manners all month. We'll focus on greeting people you see in the hallways or outside, using 'please' and 'thank-you' when asking for things, making eye contact when speaking and much more!

### Kindness Calendar

On the back of this notice you will find the 'Kindness Calendar'. These are some ideas for your children to try at home and at school to make someone's day a little brighter. Enjoy discussing these with your family and coming up with your own!



### Bullying Awareness/ 'Pink Shirt' Day- Wednesday, Feb. 24

Students will wear pink today to raise awareness on ways to prevent bullying. We will have a 'virtual' assembly and our student announcers will share information and strategies during the week in our morning messages.

*We look forward to a wonderful month celebrating kindness and friendship and building a sense of belonging because that's what Dogwood Dolphins do!!*

## *DOGWOOD KINDNESS CALENDAR 2021*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p><i>"We rise by lifting others."</i> Robert Ingersall</p>	<p>Decide as a class what Acts of Kindness you will do together</p>	<p>As a class, send a kind note to our custodians</p>	<p>Decorate your windows with hearts and messages</p>	<p>Help take care of our school by cleaning up our school grounds</p>	<p>Give out compliments</p>	<p>Gather gently used clothing, toys and books to donate</p>
7	8	9	10	11	12	13
<p>Do a chore to help out around your home</p>	<p>Donate 'Toonies' to Children's Hospital this week and be entered to win Valentine prizes!</p>	<p>As a class, send a kind note to our secretaries</p>	<p>Make a 'Kindness Bookmark' for someone in your family</p>	<p>Help a friend clean out their desk</p>	<p><b>Valentine's Spirit Day- wear pink, purple, red!</b> <b>Lunar New Year!</b></p>	<p>Do a Zoom call with your grandparents or other family members</p>
14	15	16	17	18	19	20
<p><b>Valentine's Day!</b> Create handmade cards for your household!</p>	<p><b>Family Day- No school</b> Decide as a family what Act of Kindness you could do together!</p>	<p>Write a note to your teacher about why they are special</p>	<p><b>Say Hello Day!</b> Say 'hi' to everyone you see!</p>	<p>Hold the door open for someone</p>	<p><b>PRO-D Day- No school</b> Help get dinner ready</p>	<p>Paint a kindness rock and put it in your garden!</p>
21	22	23	24	25	27	27
<p>Go for a nature walk with your family!</p>	<p>Tell a silly joke to make someone laugh</p>	<p>Let someone go ahead of you in line.</p>	<p><b>Pink Shirt Day!</b> Wear pink and stand up to bullying</p>	<p>Invite someone to play with you at recess</p>	<p>As a class, discuss how you will continue to pass on the kindness in the months to come</p>	<p><b>A warm smile is the universal language of kindness."</b> Arthur Ward</p>
<p><i>"No act of kindness, no matter how small is ever wasted."</i> Aesop</p>						