

## North Surrey Youth Lounge

10275 City Parkway, Surrey BC (North Surrey Recreation Centre)  
Tel: 604-598-5897 [www.surrey.ca/youth/103.aspx](http://www.surrey.ca/youth/103.aspx)  
Youth are welcome to hang out at Y Fridays from 4-8pm @ North Surrey Recreation Centre, a youth-led night. Afterwards hang out in the youth lounge from 8-10pm for some pool table and snacks. There is also a Teen Swim from 8-10pm on Fridays, for \$3.25.

## Park N' Play

Tel: 604-502-6349 [www.surrey.ca/culture-recreation/1818.aspx](http://www.surrey.ca/culture-recreation/1818.aspx)  
[partnersinparks@surrey.ca](mailto:partnersinparks@surrey.ca)  
Free Surrey neighbourhood park program that takes place every year during July and August - rain or shine. Join us for arts and crafts, games and sport activities.

## Preteen Dances @ Surrey Recreation Centres

Tel: 604-501-5100 [www.surrey.ca/youth/106.aspx](http://www.surrey.ca/youth/106.aspx)  
Meetup with friends, dance to the best new music and win great prizes. For grades 5 to 7. Dances take place monthly at a number of recreation centres. Tickets \$5 in advance or \$7 at the door. Dances are supervised by City of Surrey staff.

## South Surrey Youth Lounge

14601 - 20 Avenue Surrey, BC (South Surrey Recreation Centre)  
Tel: 604-592-6970 [www.surrey.ca/youth/107.aspx](http://www.surrey.ca/youth/107.aspx)  
[jweibe@surrey.ca](mailto:jweibe@surrey.ca)  
Our youth Centre features a pool table, foosball table, state of the art sound system, big screen TV, Nintendo Wii and Wii Fit, ping pong and more! The lounge opens up to a gym where you can pick up a game of basketball, floor hockey, soccer or even dodgeball!

## Surrey Nature Park

14225 Green Timbers Way, Surrey, BC V3T 0J2  
Tel: 604-502-6065 [naturecentre@surrey.ca](mailto:naturecentre@surrey.ca)  
The Surrey Nature Centre at Green Timbers helps you explore the natural and cultural heritage of Green Timbers. Many fun events for children. Also lends out fish rods and tackle boxes so you can try your hand at fishing in Green Timbers Lake. Anglers over 16 will need a fishing license but would be a great outing for children.

## Youth Night @ YMCA

14988 57<sup>th</sup> Avenue Surrey, BC V3S 7S6  
Tel: 604-575-9622 [www.vanymca.org/centres/tonglouie/](http://www.vanymca.org/centres/tonglouie/)  
Come down to the Y for an evening of Air Hockey, Ping Pong, Nintendo Wii and X-Box Kinect with your friends. Every Friday showcases a different theme. Members Free / Non Members \$2.00  
Fridays 7:00 – 10:00 p.m. 11-15 years. Pizza served at 8pm for \$1.

## Senior's Activities

### Chinese Senior Day

#### @ Oak Ave Neighbourhood Hub

12740- 102 Ave, Surrey BC V3V 3E5  
Tel: 604-582-7088 [www.oanh.ca](http://www.oanh.ca)  
Every Wednesday from 10:00am – 12:30pm. Activities including singing, dancing, table tennis and much more!

## Come Share the Day Program for Older Adults

13855 – 68<sup>th</sup> Ave Surrey BC V3W 2G9  
Tel: 604-599-0034 [www.comeshare.ca](http://www.comeshare.ca)  
Activities customized to meet the needs of clients, including lunch, personal care, health monitoring and lots of laughter. Talk to your doctor about a referral. Must be referred by a Case Manager associated by Fraser Health, Central intake; Call 604-953-4965,  
Mon – Saturday 9:00-3:30pm

## Come Share the Day – White Rock

15008 – 26<sup>th</sup> Ave Surrey BC V4P 3H5  
Tel: 604-531-2502  
Monday – Friday 9:00-3:30pm

## Crescent Beach Walkers @ Alexandria House

2916 McBride Ave Crescent Beach BC V4A 3G2  
Tel: 604-535-0015 [www.alexhouse.net/older-adults](http://www.alexhouse.net/older-adults)  
The Crescent Beach Walkers walk the beach every Wednesday morning, then stop in at the lounge for some coffee and conversation 9:30 -11am, Sept to May. Drop in to join them! 9:30am-11:00am.

## PICS Senior Adult Day Centre

12075 – 75A Ave Surrey BC V3W 1N3  
Tel: 604-596-0052 [www.pics.bc.ca](http://www.pics.bc.ca) [rani.sandhu@pics.bc.ca](mailto:rani.sandhu@pics.bc.ca) (Rani)  
For South Asian Seniors who are physically or emotionally disabled, living at home and are provided by for love ones. Include recreation, and socialization opportunities, meals and refreshments, health services and personal care. Ages 55+ w/ some restrictions. Services offered in Punjabi, Hindi, Urdu, Persian, Farsi, Gujrati and English.

## Seniors Drop-in Centres

### @ Surrey Recreation Centres

[www.surrey.ca/culture-recreation/1774.aspx](http://www.surrey.ca/culture-recreation/1774.aspx)  
There are Senior's Drop-in Centres at four of Surrey's recreation centre's. Each offer social drop-in for those ages 55+ years and older. Activities are wide ranging. Many also offer organized outings. Senior services membership is \$22/year per centre or there is a \$61.25/year city wide membership as well. The **Fleetwood** and **South Surrey Recreation Centre's** also offer a wide range of senior's programming.

**Chuck Bailey:** 13458 - 107A Avenue Surrey, BC V3T 0G4  
Tel: 604-598-5898 [www.surrey.ca/culture-recreation/1914.aspx](http://www.surrey.ca/culture-recreation/1914.aspx)  
**Cloverdale:** 6188- 176 Street, Surrey BC V3S 4E7  
Tel: 604-598-7960 [www.surrey.ca/culture-recreation/5030.aspx](http://www.surrey.ca/culture-recreation/5030.aspx)  
Monday - Friday 9:00am-4:00pm  
**Guildford:** 15105 - 105 Avenue Surrey, BC V3R 7G8  
Tel: 604-502-6360 [www.surrey.ca/culture-recreation/5002.aspx](http://www.surrey.ca/culture-recreation/5002.aspx)  
Monday - Friday 9:00am-3:00pm  
**Newton:** 13775 - 70 Avenue Surrey, BC V3W 0E1  
Tel: 604-501-5010 [www.surrey.ca/culture-recreation/1777.aspx](http://www.surrey.ca/culture-recreation/1777.aspx)  
Monday - Friday 9:00am-4pm Saturday 12 noon-4pm

## Seniors Drop-in Lounge @ Alexandra House

2916 McBride Avenue, Crescent Beach, BC V4A 3G2  
Tel: 604-535-0015 [www.alexhouse.net/older-adults](http://www.alexhouse.net/older-adults)  
Volunteers run a drop in for coffee, snacks and conversation on the first Wednesday of each month, 12 noon-2pm, September to May. Please RSVP at 604-535-0015 ext. 236 the preceding Friday

## Seniors Luncheon @ Oak Ave. Neighbourhood Hub

12740 – 102 ave Surrey BC  
Tel: 604-582-7088 [www.oanh.ca](http://www.oanh.ca)  
Every 2<sup>nd</sup> and 4<sup>th</sup> Monday, each month, 11:30-2:00pm. Free drop-in lunch for seniors to socialize, enjoy soup and sandwiches.  
*\*The **Seniors' Resource Directory**, has a number of listing for similar lunches The directory is available in all Surrey Libraries branches or online: [tinyurl.com/kccy8m9](http://tinyurl.com/kccy8m9)*

## TALK (Third Age Learning at Kwantlen)

Kwantlen Polytechnic University – 72nd Street campus  
12666 72nd Avenue, Surrey  
Tel: 604-599-3077, [www.kwantlen.ca/talk.html](http://www.kwantlen.ca/talk.html)  
Creative and stimulating educational activities for adults over 50, with no quizzes, grades or prerequisites.

## Community Grants

### Community Beautification Grants

[www.surrey.ca/city-services/555.aspx](http://www.surrey.ca/city-services/555.aspx)  
[Beautification@surrey.ca](mailto:Beautification@surrey.ca)  
Two kinds of grants available. The small projects grants are for projects that would improve the physical appearance of the city. The activity & celebrations grants provide funds for community events like neighbourhood block parties etc.

### Neighbourhood Small Grants @ Oak Avenue

12740 – 102 ave Surrey BC  
Tel: 604-582-7088 [www.oanh.ca/smallgrant.html](http://www.oanh.ca/smallgrant.html)  
Intended to support residents to organize small projects/events in their neighbourhoods that will improve the community socially, physically or culturally. Grants range from \$50 to \$500.

### [Looking for services not covered in this brochure](#)

Please ask at your local library. We are here to help.  
[www.surreylibraries.ca](http://www.surreylibraries.ca) or 604-598-7300.

You can also call 211 for a free, confidential, multilingual information and referral line to a full range of community, social, and government services. Available 24 hours a day, 7 days a week.

Interested in some more resources or information? Ask library staff or check us out on the web here:  
[www.surreylibraries.ca/lowcost](http://www.surreylibraries.ca/lowcost)

If you would like further information or if you spot a change that is needed you can email us at [libraryinfo@surrey.ca](mailto:libraryinfo@surrey.ca)



Updated 11/02/14

## Low Cost and Free

# Activities in the Community



[www.surreylibraries.ca](http://www.surreylibraries.ca)

## Leisure Access Program

### Leisure Access Program

[www.surrey.ca/culture-recreation/1773.aspx](http://www.surrey.ca/culture-recreation/1773.aspx)  
This is an unbelievably good deal! Surrey Parks and Recreation offers an impressive range of activities. The Leisure Access Program provides access to all drop-in activities at City Recreation Centres and 75% discount on most registered programs.  
All permanent Surrey residents who meet the annual Family Net Income limitations may apply.  
*Income cutoffs:*  
Family Size: 1 2 3 4 5 6 7  
Income: \$19,307 \$23,498 \$29,260 \$36,504 \$41,567 \$46,009 \$50,631  
Family: defined as 1 or 2 adult(s), legally married or common-law partner, and their legal dependents.  
Family Net Income: as indicated on your Notice of Assessment(s), line 236.  
To apply ask at a recreation centre or go to:  
[www.surrey.ca/files/LeisureAccessProgramClientApplication.pdf](http://www.surrey.ca/files/LeisureAccessProgramClientApplication.pdf)  
for an application form.

## General Activities

### City of Surrey - Events

[www.surrey.ca/culture-recreation/6138.aspx](http://www.surrey.ca/culture-recreation/6138.aspx)  
The City hosts a variety of events and 5 major festivals. Many events are free or low cost.

### Community Visitors

#208 1461 Johnston Rd. White Rock BC [www.sourcesbc.ca](http://www.sourcesbc.ca)  
Tel: 604-542-4357 [volunteerservices@sourcesbc.ca](mailto:volunteerservices@sourcesbc.ca)  
Are you or is someone you know isolated or lonely? Sources community visitors assist individuals in staying connected to their community through a home visits. Register by phone.

## Culture Night @ Métis Family Services

13639 – 108<sup>th</sup> Ave. Surrey BC V3T 2K4

Tel: 604-584-6621 [www.metisfamilyservices.ca](http://www.metisfamilyservices.ca)  
[reception@metisfamilyservices.ca](mailto:reception@metisfamilyservices.ca)

Smudge, child/youth community circle, Métis Jigging workshops, arts, crafts and light dinner. Tuesday 4:30-7pm. Near the Gateway station.

## Dancing @ Oak Avenue Neighborhood Hub

12740 – 102 Ave Surrey BC

Tel: 604-582-7088 [www.oanh.ca](http://www.oanh.ca)

Every Wednesday from 9:30-10:30am. Organized by a group of Chinese Volunteers. Everyone is welcome from the community!

## Free Family Swims @ Surrey's Pools

[www.surrey.ca/culture-recreation/13432.aspx](http://www.surrey.ca/culture-recreation/13432.aspx)

**North Surrey Indoor Pool:** Last Saturday of each month 2-5pm

10275 City Parkway Surrey, Tel: 604-502-6300

**Newton Wave Pool:** Second Sunday of each month 6-8pm

13730 - 72 Avenue Surrey, BC Tel: 604-501-5540

**Surrey Sports & Leisure Pool:** Third Sunday of each month 3-5pm

16555 Fraser Highway #100 Surrey, BC Tel: 604-501-5950

**South Surrey Indoor Pool:** First Saturday of each month 1-4pm

14655 - 17 Avenue Surrey, BC Tel: 604-502-6220

**Outdoor Pools:** These pools are open in the summer months (call for details). **Swimming is free** at these facilities.

Bear Creek Pool	13820 - 88 Avenue	604-501-5154
Greenaway Pool	17901 - 60 Avenue	604-502-6257
Sunnyside Pool	15455 - 26 Avenue	604-502-6255
Hjorth Road Pool	10277 - 148 Street	604-502-6256
Holly Pool	10662 - 148 Avenue	604-502-6251
Kwantlen Pool	13035 - 104 Avenue	604-502-6252
Port Kells Pool	19340 - 88 Avenue	604-888-8650
Unwin Pool	6845 - 133 Street	604-501-5156

## Free & Low Cost Swimming in Langley

**W.C. Blair Recreation Centre**

22200 Fraser Highway Langley, BC V3A 3T2 Tel: 604-533-6170

**Free Community Swim:** Second Sunday of each month 2-4pm

**Walnut Grove Community Centre**

8889 Walnut Grove Drive Langley, BC V1M 2N7 Tel: 604-882-0408

**Community Swim:** Sundays 9:30-12:00pm \$1 for children/youth/seniors, \$2 for adults

**Almost Free Swimming Lessons:** Tel: 604-882-0408 Offered a few of times a year at Langley pools. \$6-7 for 4 sessions.

## Middle Eastern Friendship Centre

13483 108<sup>th</sup> Ave Surrey BC V3T 2K2 (next to Gateway Skytrain Station)

Tel: 604-288-5588 [www.mefriendshipcentre.com](http://www.mefriendshipcentre.com)

Hours: Wednesday to Saturday, 11:00 am to 6:00 pm

Social hub for people from the Middle East and Africa. Opportunities to learn English and Arabic. Potluck on the last Wednesday of the month at 5:30pm. Also have books and DVDs available to borrow and can help with accessing community resources, and with forms, applications, tax forms, resume and doctor visits. Volunteers speak Arabic, Farsi, Swahili, English, Turkish, Mandarin, Cantonese and French.

## Surrey Museum

17710-56A Avenue, Surrey, BC

Tel: 604-592-6956 [www.surrey.ca/culture-recreation/2372.aspx](http://www.surrey.ca/culture-recreation/2372.aspx)

Regular rotating exhibits featuring both Surrey history and artifacts from around the world. Free admission but donations appreciated.

## Surrey Parks

[www.surrey.ca/culture-recreation/2015.aspx](http://www.surrey.ca/culture-recreation/2015.aspx)

Surrey has about 200 parks spread across the city. From mountain biking at Invergarry to bird watching at Blackie Spit there is a park suitable for a quick bit of fresh air or a longer outing.

## Surrey Park Strollers

Tel: 604-502-6349 [partnersinparks@surrey.ca](mailto:partnersinparks@surrey.ca)

The Surrey Park Strollers is a casual walking club that meets in summer. Stretch your legs, enjoy fresh air and meet new friends.

## Tuesday Night Movies

Most movie theatres have cheaper tickets on Tuesdays. Cheapest tickets in Surrey are reputed to be at Hollywood 3 and the Clova.

**Clova Cinema**

5732 176 St., Cloverdale

Tel: 604-574-1114 [www.theclova.com](http://www.theclova.com)

**Hollywood 3**

7125 138<sup>th</sup> St. Surrey BC

Tel: 604-592-4441

[www.hollywood3.ca](http://www.hollywood3.ca)

## Value Days @ Newton Wave Pool

13730 - 72 Avenue Surrey, BC V3W 2P4

Tel: 604-501-5540 [www.surrey.ca/culture-recreation/7325.aspx](http://www.surrey.ca/culture-recreation/7325.aspx)

Access all drop-in activities for less than the usual. Go swimming, work out in the weight room, try a spinning or fitness class, all for \$2.50! Plus every 2<sup>nd</sup> Sunday of the month is a **free** swim 6pm-8pm.

**Value Times:**

Mon & Tues: 6am-8:30am	NO SATURDAYS
Wed & Thurs: 11:15am-2pm	Sun: 8am-8:30am & 7pm-8pm
Fri: 11:15am-3:30pm	

## YMCA Access Program

14988-57 Avenue Surrey, BC V3S 7S6

Tel: 604-575-9622 [tinyurl.com/a447ww4](http://tinyurl.com/a447ww4)

Provides a full YMCA membership at a reduced cost based on family income. You will need to provide a tax return (Notice of Assessment) or last 3 pay stubs for every adult in the household.

## Children/Teens

## Chuck Bailey Youth Centre

13458-107A Avenue Surrey BC (Chuck Bailey Recreation Centre)

Tel: 604-592-6949 [www.facebook.com/SurreyYouth](http://www.facebook.com/SurreyYouth)

Check out our pool table or TVs and Xbox. There are open gym times on Fri. and Sat. nights, as well as Fri. night basketball. Preteen Dance 2<sup>nd</sup> Friday, 7-9:30pm. Preteen (Grades 5-7) drop-ins are from 4-6pm on Mon, Wed, Fri, Sat. Teen (Grades 8-12) drop-ins are from 6-9pm on Mon & Fri., 6-8 on Wed, and 6-10 on Sat

## City of Surrey – Kids Page

[www.surrey.ca/kids/](http://www.surrey.ca/kids/)

You will find recipes for playdough, children's event listings and ideas for fun things to do in Surrey.

## Clayton Heights Social Hub

Tel: 604-598-7993 [emreandy@surrey.ca](mailto:emreandy@surrey.ca)

[www.surrey.ca/youth/108.aspx](http://www.surrey.ca/youth/108.aspx)

**Preteen Drop-in (Grades 5 to 7):** Friday and Saturday nights from 6:00pm to 8:00pm, Fridays @ Clayton Heights Secondary and Saturdays @ Clayton Hall, 18513 - 70 Ave

**Youth Drop-in (Grades 8 to 12):** Friday and Saturday evenings starting @ 6:00pm, Fridays @ Clayton Heights Secondary and Saturdays @ Clayton Hall, 18513 – 70 Ave. Always free... food, music, and activities!

## Cloverdale Youth Centre

6188 - 176th Street, Surrey (Cloverdale Recreation Centre)

Tel: 604-598-7960 [www.surrey.ca/youth/108.aspx](http://www.surrey.ca/youth/108.aspx)

We have 2 Flat screen TVs, a Wii and PS3, Rock Band, Karaoke, Pool Table, Foosball Table, Board games and a concession. Preteen dances every month. Membership is free. Check out our open gym or challenge one of our amazing staff to a game of pool!

## Don Christian Youth Centre

6220-184 Street Surrey, BC (Don Christian Recreation Centre)

Tel: 604-502-6420 [www.surrey.ca/culture-recreation/5035.aspx](http://www.surrey.ca/culture-recreation/5035.aspx)

Offers preteens (ages 10 to 13 years) an opportunity to socialize, recreate and be with friends. Our staff are on site while you play.

## Family Night @ YMCA

14988-57 Avenue Surrey, BC V3S 7S6

Tel: 604-575-9622 [www.vanymca.org/centres/tonglouie/family](http://www.vanymca.org/centres/tonglouie/family)

Saturday is the night for everyone in your family. Fun theme every week, including open gym time, rock climbing and even a bouncy castle. Free for members, \$10 per family for non-members.

## Family Resource Program

There are listings for each of the Family Resource Programs locations in the education brochure. Each of these locations offer fun activities that promote early literacy for children 0-6 years old and give you chance to connect with other parents in your area.

## Fleetwood Youth Centre

15996 - 84 Avenue Surrey, BC (Fleetwood Recreation Centre)

Tel: 604-501-5030 [www.surrey.ca/youth/100.aspx](http://www.surrey.ca/youth/100.aspx)

[gdnolan@surrey.ca](mailto:gdnolan@surrey.ca) (Greg)

Hang out and take part in some of the youth drop-in programs. Sign up for a free membership card and gain access to youth all drop in activities, sign out equipment and video games.

## Fraser Heights Chess Club

10929 160 Street, Surrey BC

Contact: Anca Datcu-Romano [adatcu@qsoft.ca](mailto:adatcu@qsoft.ca)

[www.fraserheightschess.com](http://www.fraserheightschess.com)

Erma Stephenson Elementary's library, Friday nights from 6:00pm to 7:30pm. Club accommodates children at a wide range of chess ability. Great place to develop new chess abilities.

## Fraser Heights Youth Centre

10588 - 160th Street Surrey, BC (Fraser Heights Community Centre)

Tel: 604-592-6920 [www.surrey.ca/youth/101.aspx](http://www.surrey.ca/youth/101.aspx)

Movie nights, xbox, crafts, games, open gym etc. Ages 10-18

**Thursday** 2.45 – 6 pm **Friday** 6.30 – 10.30 pm **Saturday** 5 – 10.30 pm

## Guildford Youth Resource Centre @ PCRS

205-14727 108th Ave, Surrey BC

Tel: 604-587-8100 [www.pcrs.ca/surrey\\_youth\\_resource\\_centres](http://www.pcrs.ca/surrey_youth_resource_centres)

A number of fun events for teens, current program available on the website. Also offer a homework club. Open Monday to Friday 8:30am-4:30pm. Connect via Facebook: SYRCP CRS

## Guildford Youth Lounge

15105 - 105th Ave, Surrey BC (Guildford Recreation Centre)

Tel: (604) 502-6061 [www.surrey.ca/youth/105.aspx](http://www.surrey.ca/youth/105.aspx)

Youth friendly drop-in centres are a great way to meet friends, sign out sports equipment, play games, etc. Yearly membership is \$5.

## Inclusive Soccer

10619 King George Blvd Surrey V3T 2X6

Tel: 778-385-5543 [www.baobabinclusive.ca](http://www.baobabinclusive.ca)

[info@baobabinclusive.ca](mailto:info@baobabinclusive.ca)

Inclusive Soccer is a new children's soccer program for ages 5-12 based in Surrey The children will receive high standard coaching from certified coaches at **free of charge**; all we ask for is commitment and hard work.

## Jumpstart

Tel: 604-575-5506 (Sherry) [jumpstart.canadiantire.ca](http://jumpstart.canadiantire.ca)

General Tel: 1-877-616-6600 (national organization number)

Provides grants to help children participate in a wide range of support. Have contacts in many Surrey schools so ask at your child's school or contact Sherry at 604-575-5506 to apply. Can apply twice a year in January and July.

## KidSport – Surrey/White Rock

% 130-1959 152nd Street Surrey, BC V4A 9E3

[www.kidsportsurreywhiterock.ca](http://www.kidsportsurreywhiterock.ca) [info@kidsportsurreywhiterock.ca](mailto:info@kidsportsurreywhiterock.ca)

Provides grants for registration fees so that all kids in Surrey-White Rock have the opportunity to participate in organized sports. Similar programs also offered in Langley, Delta and New Westminster.

## Moving Ahead Program for Youth (MAP-Y)

#205-14727-108th Ave., Surrey, BC, V3R 1V9

Tel: 604-587-8100 (Helena) [www.pcrs.ca/map](http://www.pcrs.ca/map)

For Youth, hosts a variety of interactive and youth driven workshops. Also has a bi-weekly activity group which gives youth an opportunity to engage with peers and share their unique culture. Services in English, Arabic, Punjabi, Hindi and French however, interpreters can also be provided to accommodate other languages.

## Newton Youth Resource Centre @ PCRS

#114 - 13479 76th Ave Surrey, BC V3W 2W3

Tel: (604) 592-6200 [www.pcrs.ca/surrey\\_youth\\_resource\\_centres](http://www.pcrs.ca/surrey_youth_resource_centres)

For teenagers 13-19, we have drop in as well as scheduled events – we put out a monthly calendar of events and also run summer programming (ie: rock climbing). There is no cost to our programs!

## Newton Youth Lounge

13730 - 72 Avenue Surrey, BC (Newton Recreation Centre)

Tel: 604-501-5533 [www.surrey.ca/youth/104.aspx](http://www.surrey.ca/youth/104.aspx)

Come and play video games, ping pong, and have fun in our brand new gymnasium. Bring your friends for a game of foosball or just hang out and watch a movie on our **big screen TV**.