

POLICY #5575 SCHOOL NUTRITION

1. PHILOSOPHY

The Surrey Board of Education is committed to providing a healthy environment for students, staff and the general public, which includes the provision of nutritious foods.

2. PRINCIPLES

The board endorses Canada's Food Guide to Healthy Eating and the *Guidelines for Food and Beverage Sales in BC Schools* issued by the Ministries of Education and Health as frameworks to healthy food choices in all schools, consistent with nutrition and health information provided in the curriculum.

Many groups, including schools, parents and families, the community, and governments, have a role in promoting a healthy lifestyle and good eating habits to students.

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