



Circle of Security[®]

PARENTING SERIES

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security[®] Parenting[™] program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

The Circle of Security[®] Parenting Series is an 8 week program for parents and caregivers of children aged newborn to 7 years. After completion of the program, parents should be able to:

- ✚ Understand your child's emotional world by learning to read the emotional needs;
- ✚ Support your child's ability to successfully manage emotions;
- ✚ Enhance the development of your child's self-esteem; and
- ✚ Honour your innate wisdom and desire for your child to be secure.

To find out more information about the program, please contact:

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All enquiries and responses are completely confidential.